



**The National Partnership for Community Leadership (NPCL)**  
*Strengthening Organizations to Serve People and Communities for the Future*  
2728 Sherman Ave, NW • Washington, DC 20001 • 202-234-6725 • fax: 202-332-6725 •  
www.npclstrongfamilies.com

## **NPCL PRESENTS:**

### ***The Working with Men and Father's Master Trainer Institute***

#### **BECOME A CERTIFIED TRAINER IN WORKING WITH MEN AND FATHERS**

NPCL is offering a unique training opportunity to learn the theory and the practice of working with men and fathers. The four-day Institute will train interested individuals and agencies in the history of the responsible fatherhood movement; best-practices in working with men and fathers including recruitment, retention, and evaluation; integrating relationship and marriage education; and how to implement effective peer support groups.

The Institute training will be led by Dr. Jeffery M. Johnson. For two decades Dr. Johnson has served as a Master Trainer and has conducted hundreds of workshops on men and fathers based on *The Fatherhood Development Curriculum* which, he co-authored. He has been directly involved in the nation's largest projects involving men and fathers, and served as lead consultant in the Ford Foundation's Strengthening Fragile Families Initiative.

#### **THE BENEFITS OF MASTER CERTIFICATION**

As a certified Master Trainer you will be able to:

1. Become an officially licensed Master Trainer in the use and distribution of *The Fatherhood Development Curriculum* as well as other NPCL materials and publications.
2. Become a licensed agency in the training and distribution of *The Fatherhood Development Curriculum*.
3. Create your own business plan for conducting training workshops for working with men and fathers.
4. Train and certify agencies and practitioners in the use of *The Fatherhood Development Curriculum*.
5. Purchase copies of *The Fatherhood Development Curriculum* at reduced rates.
6. Receive discounted rates on NPCL sponsored workshops, institutes, and conferences.
7. Receive discounted rates on annual Master Trainer Certification training conferences.

#### **COST DETAILS FOR MASTER TRAINER CERTIFICATION**

The cost of Master Trainer Certification is \$880.00 for individual certification and \$2500 for agency certification. At the conclusion of the four-day Institute you/agency will receive a Master Certification certificate and an official letter from NPCL authorizing you as an official training agent and distributor of *The Fatherhood Development Curriculum*.



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## **DATES AND LOCATION FOR MASTER TRAINER CERTIFICATION INSTITUTES**

### DATE(S)

### LOCATION

#### SPRING 2010 TRAINING DATES AND LOCATIONS

- |  |  |
|--|--|
| <input type="checkbox"/> January 18-21, 2010                           | 2728 Sherman Ave, NW, Washington, DC 20001 |
| <input type="checkbox"/> February 15, 2010                             | 2728 Sherman Ave, NW, Washington, DC 20001 |
| <input type="checkbox"/> <b>LAST SPRING SESSION:</b> March 22-25, 2010 | 2728 Sherman Ave, NW, Washington, DC 20001 |

VISIT OUR WEBSITE FOR MORE INFORMATION:

[www.npclstrongfamilies.com](http://www.npclstrongfamilies.com)

REGISTRATION FORM/NPCL CONTACT INFO AT BOTTOM!

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## **FATHERHOOD DEVELOPMENT CURRICULUM SUMMARY**

### **Building Strong Families: Expanding Services to Work with Men and Fathers**

The NPCL *Fatherhood Development Curriculum* has the distinction of being the only fatherhood curriculum recommended and used in four national demonstration projects targeting fathers from diverse backgrounds. They include the Young Unwed Fathers Pilot Project; Parent's Fair Share; The Partners for Fragile Families Site Demonstration; and The Fathers at Work Demonstration. In total, these demonstration sites represented 40 communities nationwide. In each of the four evaluation reports, the peer support component, which utilized the *Fatherhood Development Curriculum*, was consistently identified as "the glue" that holds the program together. When, combined with support services such as employment, education, health, and housing, the *Fatherhood Development Curriculum* provides the foundation for an effective program working with men and fathers. The *Fatherhood Development Curriculum* is based on real experiences and challenges of fathers in



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fragile family settings. Through 25 streetwise group discussion sessions, the curriculum offers practitioners a field-tested guide to working with fathers in providing support, information and motivation in areas of life skills, parenthood, relationships (including marriage and team parenting), and health. The *Fatherhood Development Curriculum* also offers a methodology for training and learning, and assessment tools. If your agency or program is grappling with how to recruit and engage men, and want more knowledge on how to create an environment that is conducive to both men and women, then the NPCL skill building workshop is what you need.

*The Fatherhood Development Curriculum* is based on real experiences and challenges of fathers in fragile family settings. Through 25 streetwise group discussion sessions, the curriculum offers practitioners a field-tested guide to working with fathers in providing support, information and motivation in areas of life skills, parenthood, relationships (including marriage and team parenting), and health. The curriculum also offers a methodology for training and learning, and assessment tools.

The 25 sessions of *The Fatherhood Development Curriculum* are organized around five areas of content, as follows:

**Module I: Personal Development.** This Module begins with team-building activities and continues with discussions of values, manhood and self-sufficiency. Fathers are encouraged to consider their own values and how they communicate them to their children; messages that society and their own families send them about what it means to be a man and a father; and how close they are to being able to take care of themselves and their children independently.

**Module II: Life Skills.** This Module includes skill-building sessions on communication, decision-making, dealing with stress, and coping with discrimination. A key theme here is that the ability of individuals to live satisfying, productive lives depends largely on their effectiveness as communicators and decision-makers.

**Module III: Responsible Fatherhood (Working with Men on Parenting Skills).**

This Module is the heart of the curriculum, focusing on the important role that fathers play in the lives of their children. Topics covered include the roles and responsibilities of fatherhood, the impact fathers have on the way their children develop, what to expect from children at different stages of development, how to have a positive influence on children, how to handle the daily needs of children, and how to discipline children in an effective way. There is also a session that explains how the child support enforcement system works, and provides a forum for developing strategies to successfully navigate the system.

**Module IV: Relationship Skills (Working with Men and Fathers, Relationship Skills for Healthy Marriage and Team Parenting).** This Module further explores ways to communicate effectively, and considers differences in male and female styles of communication; how to have a more positive relationship with the child's mother, exploring marriage, team parenting, how to manage anger, resolve conflicts and negotiate successful relationships.

**Module V: Health and Sexuality.** This Module emphasizes awareness of potential health problems, suggests ways to take charge of one's own health, replaces myths that men may hold about sexuality and substance abuse with facts, and provides skills for reducing sexual risks.

